



# I do like Mondays

Monday 24 January, 3–8.30pm  
Gallery Oldham and Oldham Library

**Monday 24 January, 3–8.30pm**  
**Gallery Oldham and Oldham Library**  
**Greaves Street, Oldham OL1 1AL**

**Come and take part in a range of free arts activities to help banish the New Year blues.**

We've fun wellbeing sessions for all the family to brighten up the darkest day of the year, including:

**Laughter Yoga class, 3.30–4pm**

**Freedom in Dance for the over 50s, 4–5pm**

**Drumming and percussion, 6–7pm**

**The Laughter Club, 7–8pm**

**Family friendly films: Toy Story, 5–6.30pm**  
**and The Lion King, 6.30–8.30pm**

All events are free, times are subject to change.

**Call 0161 770 3070 to book in advance.**

